

Inmates may choose either the Regular Entree OR AP Entree at Lunch and Supper meals.

WK 1	BREAKFAST	LUNCH	SUPPER
M O N	Fresh Fruit 1 ea	Hamburger (B) 1 ea	Macaroni and Cheese (D) 1 1/2 cup
	Cereal 1 cup	Bean Burger (AP) 1 ea	Pasta and Bean Casserole (AP) 1 1/2 cup
	Bread or Toast 2 sl	Potato Salad (E) 1 cup	Broccoli 1/2 cup
	Margarine Pack 2 ea	Baked Beans 1/2 cup	Bread - White or Wheat 2 sl
	Milk 1/2 Pint (D) 1 ea	Catsup Pack 2 ea	Margarine Pack 2 ea
	Coffee Pack 1 ea	Bread - White or Wheat 2 sl	Canned Fruit 1/2 cup
	Sugar Pack 2 ea	Cake 1 serv	Fortified Beverage Pack 1 ea
		Fortified Beverage Pack 1 ea	
T U E	Cinnamon Apples 1/2 cup	French Bread Pizza w/ Turkey Pepperoni (D,F) 1 ea	Roast Pork (P) 4 oz
	Oatmeal 1 cup	Garden Burger (AP) w/ 2 sl Bread 1 ea	Tofu Oat Burger (AP) 1 ea
	Breakfast Cake 1 serv	Normandy Vegetable Blend 1/2 cup	Gravy 1/4 cup
	Milk 1/2 Pint (D) 1 ea	Three Bean Salad 1/2 cup	Whipped Potatoes (D) 1 cup
	Coffee Pack 1 ea	Pudding (D) 1/2 cup	Greens 1/2 cup
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Bread - White or Wheat 2 sl
			Margarine Pack 2 ea
			Canned Fruit 1/2 cup
		Fortified Beverage Pack 1 ea	
W E D	100% Fruit Juice 6 oz	Turkey Ham Slice (F) 1 ea	Meat Wrap Filling (F) 1/2 cup
	Grits 1 cup	Soy Sausage Patty (AP) 1 ea	Bean Wrap Filling (AP) 1/2 cup
	Scrambled Eggs (E,D) 1/2 cup	Scalloped Potatoes (D) 1 cup	Brown Rice 1 cup
	Bread or Toast 2 sl	Corn 1/2 cup	Seasoned Beans 1/2 cup
	Margarine Pack 2 ea	Mustard Pack 2 ea	Lettuce & Onions 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Taco Sauce Pack 2 ea
	Coffee Pack 1 ea	Ice Cream Cup (D) 1 ea	Soft Tortilla Wrap - Whole Wheat 2 ea
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Fruit - Cinnamon Apples 1/2 cup
Salt/Pepper Pack 2 ea		Fortified Beverage Pack 1 ea	
T H U R	Fresh Fruit 1 ea	Sloppy Joe (F) 1/2 cup	Tuscan-Style Chicken Stew (F) 2/3 cup
	Cereal 1 cup	Sloppy Joe w/ Soy (AP) 1/2 cup	Tuscan-Style Soy Stew (AP) 2/3 cup
	Bread or Toast 2 sl	Green Peas 1/2 cup	Pasta 1 cup
	Margarine Pack 2 ea	Lentil Brown Rice Pilaf 1 cup	Normandy Vegetable Blend 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Roll 1 ea	Bread - White or Wheat 2 sl
	Coffee Pack 1 ea	Fresh Fruit 1 ea	Margarine Pack 2 ea
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Canned Fruit 1/2 cup
			Fortified Beverage Pack 1 ea
F R I	Fresh Fruit 1 ea	Breaded Fish (S) 1 ea	Meat Sauce (B) 2/3 cup
	Farina 1 cup	Bean Paste (AP) 2/3 cup	Soy Pasta Sauce (AP) 2/3 cup
	Breakfast Cake 1 serv	Fried Rice 1 cup	Pasta 1 cup
	Milk 1/2 Pint (D) 1 ea	Corn 1/2 cup	Peas and Carrots Blend 1/2 cup
	Coffee Pack 1 ea	Tartar Sauce Pack (E) 1 ea	Bread - White or Wheat 2 sl
	Sugar Pack 2 ea	Bread - White or Wheat 2 sl	Margarine Pack 2 ea
		Canned Fruit 1/2 cup	Fresh Fruit 1 ea
		Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea
S A T	Fresh Fruit 1 ea	Breaded Chicken Patty (F) 1 ea	Chili (B) 1 cup
	Cereal 1 cup	Soy Burger (AP) 1 ea	Three Bean Chili (AP) 1 cup
	Pancakes (E,D) 2 ea	Macaroni Salad (E) 1 cup	Baked Potato 1 ea
	Syrup Pack 1 ea	Green Beans 1/2 cup	Cheddar Cheese Shreds (D) 1 oz
	Margarine Pack 2 ea	Catsup Pack 2 ea	Creamy Coleslaw (E,D) 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Bread - White or Wheat 2 sl
	Coffee Pack 1 ea	Gelatin (B) 1/2 cup	Margarine Pack 2 ea
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Fresh Fruit 1 ea
		Fortified Beverage Pack 1 ea	
S U N	100% Fruit Juice 6 oz	Meatloaf (B) 1 ea	Cold Cut Sandwich Meat & Cheese (F,D) 1 serv
	Grits 1 cup	Soy Loaf (AP) 1 ea	Peanut Butter & Jelly (AP) 1 serv
	Hard Cooked Eggs (E) 2 ea	Gravy 1/4 cup	Marinated Pasta Salad 1 cup
	Bread or Toast 2 sl	Whipped Potatoes (D) 1 cup	Three Bean Salad 1/2 cup
	Margarine Pack 2 ea	Carrots 1/2 cup	Lettuce & Onions 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Mustard & Mayo Pack 1 ea
	Coffee Pack 1 ea	Margarine Pack 2 ea	Bread - White or Wheat 2 sl
	Sugar Pack 2 ea	Fresh Fruit 1 ea	Canned Fruit 1/2 cup
Salt/Pepper Pack 2 ea	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	

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WK 2	BREAKFAST	LUNCH	SUPPER
M O N	Fresh Fruit 1 ea	Chicken Riblet (F) 1 ea	Country Fried Steak (B) 1 ea
	Cereal 1 cup	Soy Bar-B-Que (AP) 1/2 cup	Tofu Oat Burger (AP) 1 ea
	Bread or Toast 2 sl	Potato Salad (E) 1 cup	Whipped Potatoes (D) 1 cup
	Margarine Pack 2 ea	Vinaigrette Coleslaw 1/2 cup	Beets 1/2 cup
	Milk 1/2 Pint (D) 1 ea	BBQ Sauce 2 Tbs	Gravy 1/4 cup
	Coffee Pack 1 ea	Bread - White or Wheat 2 sl	Bread - White or Wheat 2 sl
	Sugar Pack 2 ea	Brownie 1 serv	Canned Fruit 1/2 cup
	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
T U E	Fresh Fruit 1 ea	Creamed Meat (F,D) 2/3 cup	Breaded Chicken Patty (F) 1 ea
	Oatmeal 1 cup	Creamed Soy Crumbles (AP) 2/3 cup	Garden Burger (AP) 1 ea
	Breakfast Cake 1 serv	Ribbon Noodles 1 cup	Lyonnais Potatoes 1 cup
	Milk 1/2 Pint (D) 1 ea	Mixed Vegetables 1/2 cup	Greens 1/2 cup
	Coffee Pack 1 ea	Bread - White or Wheat 2 sl	Catsup Pack 2 ea
	Sugar Pack 2 ea	Margarine Pack 2 ea	Bread - White or Wheat 2 sl
		Fresh Fruit 1 ea	Canned Fruit 1/2 cup
	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
W E D	100% Fruit Juice 6 oz	Chicken and Gravy (F) 2/3 cup	French Bread Pizza w/ Turkey Pepperoni (D,F) 1 ea
	Grits 1 cup	Soy and Gravy (AP) 2/3 cup	Pizza Beans (AP) 1 cup
	Scrambled Eggs (E,D) 1/2 cup	Lentil Brown Rice Pilaf 1 cup	Pasta Primavera 1 cup
	Bread or Toast 2 sl	Broccoli 1/2 cup	Salad 1 cup
	Margarine Pack 2 ea	Bread - White or Wheat 2 sl	Salad Dressing Pack 1 ea
	Milk 1/2 Pint (D) 1 ea	Margarine Pack 2 ea	Cookies 2 ea
	Coffee Pack 1 ea	Fresh Fruit 1 ea	Fortified Beverage Pack 1 ea
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	
	Salt/Pepper Pack 2 ea		
T H U R	Fresh Fruit 1 ea	Salisbury Steak (B) 1 ea	Chicken Cacciatore (F) 2/3 cup
	Cereal 1 cup	Soy Salisbury (AP) 1 ea	Soy Cacciatore (AP) 2/3 cup
	Bread or Toast 2 sl	O'Brien Potatoes 1 cup	Pasta 1 cup
	Margarine Pack 2 ea	Corn 1/2 cup	Normandy Vegetable Blend 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Catsup Pack 2 ea	Bread - White or Wheat 2 sl
	Coffee Pack 1 ea	Bread - White or Wheat 2 sl	Margarine Pack 2 ea
	Sugar Pack 2 ea	100% Fruit Sorbet Cup 1 ea	Fresh Fruit 1 ea
	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
F R I	Fresh Fruit 1 ea	Meat Sauce & Pasta Casserole (F) 1 1/2 cup	Breaded Fish (S) 1 ea
	Oatmeal 1 cup	Soy Pasta Sauce & Pasta Casserole (AP) 1 1/2 cup	Bean Burger (AP) 1 ea
	Breakfast Cake 1 serv	Three Bean Salad 1/2 cup	Macaroni and Cheese (D) 1 cup
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Mixed Vegetables 1/2 cup
	Coffee Pack 1 ea	Margarine Pack 2 ea	Cocktail Sauce Pack 1 ea
	Sugar Pack 2 ea	Pudding (D) 1/2 cup	Bread - White or Wheat 2 sl
		Fortified Beverage Pack 1 ea	Fresh Fruit 1 ea
		Fortified Beverage Pack 1 ea	
S A T	Fresh Fruit 1 ea	Frankfurters (F) 2 ea	Chili (F) 1 cup
	Cereal 1 cup	Soy Burger (AP) 1 ea	Three Bean Chili (AP) 1 cup
	Pancakes (E,D) 2 ea	Macaroni Salad (E) 1 cup	Brown Rice 1 cup
	Syrup Pack 1 ea	Baked Beans 1/2 cup	Creamy Coleslaw (E,D) 1/2 cup
	Margarine Pack 2 ea	Mustard & Catsup Pack 1 ea	Cornbread 1 serv
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Margarine Pack 2 ea
	Coffee Pack 1 ea	Apple Crisp 1/2 cup	Gelatin (B) 1/2 cup
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	
S U N	100% Fruit Juice 6 oz	Chicken Leg Quarter (F) 1 ea	Grilled Cheese Sandwich (D) 2 ea
	Grits 1 cup	Tofu Oat Burger (AP) 1 ea	Peanut Butter & Jelly (AP) w/ Bread 2 serv
	Hard Cooked Eggs (E) 2 ea	Bread Stuffing 1 cup	Three Bean Chili 2/3 cup
	Bread or Toast 2 sl	Gravy 1/4 cup	Creamy Coleslaw (E,D) 1/2 cup
	Margarine Pack 2 ea	Greens 1/2 cup	Canned Fruit 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Fresh Fruit 1 ea	Fortified Beverage Pack 1 ea
	Coffee Pack 1 ea	Fortified Beverage Pack 1 ea	
	Sugar Pack 2 ea		
	Salt/Pepper Pack 2 ea		

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WK 3	BREAKFAST	LUNCH	SUPPER
M O N	Fresh Fruit 1 ea	Chicken Tetrizzini (F,D) 1 1/2 cup	Taco Seasoned Meat (F) 1/2 cup
	Cereal 1 cup	Soy Tetrizzini (AP) 1 1/2 cup	Bean Wrap Filling (AP) 1/2 cup
	Bread or Toast 2 sl	Green Peas 1/2 cup	Rice 1 cup
	Margarine Pack 2 ea	Bread - White or Wheat 2 sl	Seasoned Beans 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Margarine Pack 2 ea	Lettuce & Onions 1/2 cup
	Coffee Pack 1 ea	Canned Fruit 1/2 cup	Taco Sauce Pack 2 ea
	Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Taco Shells 2 ea
			Fresh Fruit 1 ea
			Fortified Beverage Pack 1 ea
T U E	Cinnamon Apples 1/2 cup	Hamburger (B) 1 ea	Chicken Bar-B-Que (F) 1/2 cup
	Oatmeal 1 cup	Soy Burger (AP) 1 ea	Soy Bar-B-Que (AP) 1/2 cup
	Breakfast Cake 1 serv	Potato Salad (E) 1 cup	Brown Rice 1 cup
	Milk 1/2 Pint (D) 1 ea	Baked Beans 1/2 cup	Mixed Vegetables 1/2 cup
	Coffee Pack 1 ea	Mustard & Catsup Pack 1 ea	Creamy Coleslaw (E,D) 1/2 cup
	Sugar Pack 2 ea	Bread - White or Wheat 2 sl	Roll 1 ea
		Fresh Fruit 1 ea	Canned Fruit 1/2 cup
	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
W E D	100% Fruit Juice 6 oz	Macaroni and Cheese (D) 1 1/2 cup	Porcupine Meatball (B) 1 ea
	Grits 1 cup	Pasta and Bean Casserole (AP) 1 1/2 cup	Soy Porcupine Meatball (AP) 1 ea
	Scrambled Eggs (E,D) 1/2 cup	Stewed Tomatoes 1/2 cup	Whipped Potatoes (D) 1 cup
	Bread or Toast 2 sl	Broccoli 1/2 cup	Normandy Vegetable Blend 1/2 cup
	Margarine Pack 2 ea	Bread - White or Wheat 2 sl	Gravy 1/4 cup
	Milk 1/2 Pint (D) 1 ea	Margarine Pack 2 ea	Bread - White or Wheat 2 sl
	Coffee Pack 1 ea	Fresh Fruit 1 ea	Margarine Pack 2 ea
Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Canned Fruit 1/2 cup	
		Fortified Beverage Pack 1 ea	
T H U R	Fresh Fruit 1 ea	Italian Sausage (F,B) 1 ea	Chicken Parmesan (F,D) 1 ea
	Cereal 1 cup	Garden Burger (AP) 1 ea	Bean Paste (AP) 2/3 cup
	Bread or Toast 2 sl	O'Brien Potatoes 1 cup	Red Sauce 1/2 cup
	Margarine Pack 2 ea	Corn 1/2 cup	Pasta 1 cup
	Milk 1/2 Pint (D) 1 ea	Mustard Pack 2 ea	Green Beans 1/2 cup
	Coffee Pack 1 ea	Bread - White or Wheat 2 sl	Bread - White or Wheat 2 sl
	Sugar Pack 2 ea	Fresh Fruit 1 ea	Margarine Pack 2 ea
	Fortified Beverage Pack 1 ea	Gelatin (B) 1/2 cup	
		Fortified Beverage Pack 1 ea	
F R I	Fresh Fruit 1 ea	Santa Fe Style Seasoned Fish (S) 1 ea	Meat Sauce (B) 2/3 cup
	Farina 1 cup	Bean Burger (AP) 1 ea	Soy Pasta Sauce (AP) 2/3 cup
	Breakfast Cake 1 serv	Mexican Rice 1 cup	Pasta 1 cup
	Milk 1/2 Pint (D) 1 ea	Vinaigrette Coleslaw 1/2 cup	Peas and Carrots Blend 1/2 cup
	Coffee Pack 1 ea	Taco Sauce Pack 2 ea	Bread - White or Wheat 2 sl
	Sugar Pack 2 ea	Soft Tortilla Wrap - Whole Wheat 2 ea	Margarine Pack 2 ea
		Cake 1 serv	Canned Fruit 1/2 cup
	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
S A T	Fresh Fruit 1 ea	French Bread Pizza w/ Turkey Pepperoni (D,F) 1 ea	Pork Bar-B-Que (P) 1/2 cup
	Cereal 1 cup	Pizza Beans (AP) 1 cup	Soy Bar-B-Que (AP) 1/2 cup
	Pancakes (E,D) 2 ea	Pasta Primavera 1 cup	Brown Rice 1 cup
	Syrup Pack 1 ea	Three Bean Salad 1/2 cup	Greens 1/2 cup
	Margarine Pack 2 ea	100% Fruit Sorbet Cup 1 ea	Roll 1 ea
	Milk 1/2 Pint (D) 1 ea	Fortified Beverage Pack 1 ea	Fresh Fruit 1 ea
	Coffee Pack 1 ea		Fortified Beverage Pack 1 ea
Sugar Pack 2 ea			
S U N	100% Fruit Juice 6 oz	Country Fried Steak (B) 1 ea	Chef Salad Toppings (F,D,E) 1 serv
	Grits 1 cup	Tofu Oat Burger (AP) 1 ea	Peanut Butter & Jelly (AP) 1 serv
	Hard Cooked Eggs (E) 2 ea	Whipped Potatoes (D) 1 cup	Marinated Pasta Salad 1 cup
	Bread or Toast 2 sl	Carrots 1/2 cup	Salad 1 cup
	Margarine Pack 2 ea	Gravy 1/4 cup	Salad Dressing Pack (E) 2 ea
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Bread - White or Wheat 2 sl
	Coffee Pack 1 ea	Margarine Pack 2 ea	Margarine Pack 2 ea
Sugar Pack 2 ea	Fruit - Cinnamon Apples 1/2 cup	Pudding (D) 1/2 cup	
Salt/Pepper Pack 2 ea	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	

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WK 4	BREAKFAST	LUNCH	SUPPER
M O N	Fresh Fruit 1 ea	Grilled Cheese Sandwich (D) 2 ea	Chicken Pot Pie w/Pasta (F,E) 1 1/2 cup
	Cereal 1 cup	Peanut Butter & Jelly (AP) w/ Bread 2 serv	Pasta and Bean Casserole (AP) 1 1/2 cup
	Bread or Toast 2 sl	Three Bean Chili 2/3 cup	Green Beans 1/2 cup
	Margarine Pack 2 ea	Creamy Coleslaw (E,D) 1/2 cup	Bread - White or Wheat 2 sl
	Milk 1/2 Pint (D) 1 ea	Fresh Fruit 1 ea	Margarine Pack 2 ea
	Coffee Pack 1 ea	Fortified Beverage Pack 1 ea	Canned Fruit 1/2 cup
	Sugar Pack 2 ea		Fortified Beverage Pack 1 ea
T U E	Fresh Fruit 1 ea	Breaded Chicken Patty (F) 1 ea	Salisbury Steak (B) 1 ea
	Oatmeal 1 cup	Garden Burger (AP) 1 ea	Soy Salisbury (AP) 1 ea
	Breakfast Cake 1 serv	Brown Rice 1 cup	Whipped Potatoes (D) 1 cup
	Milk 1/2 Pint (D) 1 ea	Mixed Vegetables 1/2 cup	Beets 1/2 cup
	Coffee Pack 1 ea	Catsup & Mayonnaise (E) Pack 1 ea	Gravy 1/4 cup
	Sugar Pack 2 ea	Bread - White or Wheat 2 sl	Bread - White or Wheat 2 sl
	Canned Fruit 1/2 cup	100% Fruit Sorbet Cup 1 ea	
	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
W E D	100% Fruit Juice 6 oz	Frankfurters (F) 2 ea	Chicken Stir Fry (F) 1 cup
	Grits 1 cup	Soy Burger (AP) 1 ea	Soy Stir Fry (AP) 1 cup
	Scrambled Eggs (E,D) 1/2 cup	Macaroni Salad (E) 1 cup	Brown Rice 1 cup
	Bread or Toast 2 sl	Baked Beans 1/2 cup	Normandy Vegetable Blend 1/2 cup
	Margarine Pack 2 ea	Mustard & Catsup Pack 1 ea	Bread - White or Wheat 2 sl
	Milk 1/2 Pint (D) 1 ea	Bread - White or Wheat 2 sl	Margarine Pack 2 ea
Coffee Pack 1 ea	Fresh Fruit 1 ea	Pudding (D) 1/2 cup	
Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
	Salt/Pepper Pack 2 ea		
T H U R	Fresh Fruit 1 ea	Breaded Veal Patty (B) 1 ea	French Bread Pizza w/ Turkey Pepperoni (D,F) 1 ea
	Cereal 1 cup	Bean Burger (AP) 1 ea	Pizza Beans (AP) 1 cup
	Bread or Toast 2 sl	Whipped Potatoes (D) 1 cup	Pasta Primavera 1 cup
	Margarine Pack 2 ea	Carrots 1/2 cup	Vinaigrette Coleslaw 1/2 cup
	Milk 1/2 Pint (D) 1 ea	Gravy 1/4 cup	Cookies 2 ea
	Coffee Pack 1 ea	Bread - White or Wheat 2 sl	Fortified Beverage Pack 1 ea
Sugar Pack 2 ea	Fresh Fruit 1 ea		
	Fortified Beverage Pack 1 ea		
F R I	Fresh Fruit 1 ea	Grilled Chicken Pieces (F) 1/2 cup	Breaded Fish (S) 1 ea
	Oatmeal 1 cup	Grilled Soy Pieces (AP) 1/2 cup	Pinto Bean Salad (AP) 2/3 cup
	Breakfast Cake 1 serv	Mexican Rice 1 cup	Scalloped Potatoes (D) 1 cup
	Milk 1/2 Pint (D) 1 ea	Seasoned Beans 1/2 cup	Greens 1/2 cup
	Coffee Pack 1 ea	Lettuce & Onions 1/2 cup	Tartar Sauce Pack (E) 1 ea
	Sugar Pack 2 ea	Taco Sauce Pack 2 ea	Bread - White or Wheat 2 sl
	Soft Tortilla Wrap - Whole Wheat 2 ea	Fresh Fruit 1 ea	
	Canned Fruit 1/2 cup	Fortified Beverage Pack 1 ea	
	Fortified Beverage Pack 1 ea		
S A T	Fresh Fruit 1 ea	Meat Sauce & Pasta Casserole (F) 1 1/2 cup	Chicken Riblet (F) 1 ea
	Cereal 1 cup	Soy Pasta Sauce & Pasta Casserole (AP) 1 1/2 cup	Soy Bar-B-Que (AP) 1/2 cup
	Pancakes (E,D) 2 ea	Salad 1 cup	Potato Salad (E) 1 cup
	Syrup Pack 1 ea	Salad Dressing Pack 1 ea	Green Peas 1/2 cup
	Margarine Pack 2 ea	Bread - White or Wheat 2 sl	BBQ Sauce 2 Tbs
	Milk 1/2 Pint (D) 1 ea	Margarine Pack 2 ea	Bread - White or Wheat 2 sl
Coffee Pack 1 ea	Gelatin (B) 1/2 cup	Brownie 1 serv	
Sugar Pack 2 ea	Fortified Beverage Pack 1 ea	Fortified Beverage Pack 1 ea	
S U N	100% Fruit Juice 6 oz	Chicken Leg Quarter (F) 1 ea	Chili (F) 1 cup
	Grits 1 cup	Grilled Soy Pieces (AP) 1/2 cup	Three Bean Chili (AP) 1 cup
	Hard Cooked Eggs (E) 2 ea	Bread Stuffing 1 cup	Pasta 1 cup
	Bread or Toast 2 sl	Gravy 1/4 cup	Salad 1 cup
	Margarine Pack 2 ea	Carrots 1/2 cup	Salad Dressing Pack 1 ea
	Milk 1/2 Pint (D) 1 ea	Fresh Fruit 1 ea	Cornbread 1 serv
Coffee Pack 1 ea	Fortified Beverage Pack 1 ea	Margarine Pack 2 ea	
Sugar Pack 2 ea		Canned Fruit 1/2 cup	
Salt/Pepper Pack 2 ea		Fortified Beverage Pack 1 ea	

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