

## A Day's Schedule at...

## **Tomorrow's Hope**

Breakfast is served from 0700 to 0800 hours (7 to 8 am) Breakfast is provided for reentrants when they have to leave for work earlier.

Case managers meet with reentrants during 0800 to 2000 hours (8 am to 8 pm) There is one case manager available at least two evenings each week.

Lunch is served from 1130 – 1230 hours (11:30 am to 12:30 pm) Reentrants who are employed are provided a bagged lunch. Reentrants who are going to be out of the facility for any reason, such as an appointment, are able to request a bagged or saved lunch. Coffee and juice/tea is available throughout the day at no cost.

Transportation is provided to reentrants so they are able to attend required treatment, appointments and job search. Scheduled shuttles are provided Monday through Friday on a regular, daily schedule with five scheduled stops throughout Altoona.

Dinner is from 1630 - 1800 hours (4:30 to 6 pm) Reentrants who are out of the facility due to work or scheduled appointments are able to request a packed or held dinner.

There is a recreation room available to residents from 0800 to 2300 hours (8 am to 11 pm). There are various exercise machines, weight lifting equipment, a television and pool table available.

Reentrants have access to a "smoke shack" where picnic tables and seating is available. This is the designated smoking area. A fire pit is available to be used for campfires.

Reentrants are able to use the library/computer room. They can access the internet to submit online job applications and search for housing. There is a large area dedicated to resource materials and reading materials.

Residents are housed in a dormitory setting. Each dorm area has laundry facilities, a refrigerator and a central living area where a television and seating is provided.

Reentrants are required to attend mandated treatment and to abide by the Universal Set of Rules.

Each reentrant is responsible for maintaining his living area. In addition, he is also required to participate in the upkeep of the facility by performing regular cleaning and maintenance chores.