

## A Day's Schedule at...

## Renewal #1

0630 hours (6:30 am) Wake up time for any reentrant that does not arrive in center after 2330 hours (11:30 pm) the prior evening. Those arriving after 2330 hours the prior evening will have nine hours from the time of their arrival to be in their bed. Upon wake up, it is expected that all reentrants complete any cleaning duty assignments and ensure that their own personal space is clean, neat, and in order. All beds are expected to be made (hospital style) immediately following wake up.

After cleaning details are completed, reentrants can begin their day by exiting the facility for pro-social activities such as job search, mental health or drug and alcohol treatment, community service, employment, housing searches, and passes that involve family activities.

There are three activity planner options that you will be assigned; Planner C, Planner B, or Planner A. These Planner schedules can allow for five hours out of the center, up to 10 hours out of the center, or up to 14 hours out of the center respectively. Time out of the center should be used to engage in prosocial activities as mentioned above.

Reentrants will meet with their case manager at least once a week for treatment plan development/updates and scheduling purposes.

Three meals are served daily by Renewal #1.

- Breakfast is served from 6:30 to 7:30 am
- Lunch is served from 11:30 am to 12:30 pm
- Dinner is served from 5 to 6:30 pm

If reentrants are not in center for a meal time, they are eligible for a bagged breakfast, lunch, or a late plate for dinner.

All medications are stored in a locked medication room and reentrants are NOT be permitted to keep any medication on their person or in their locker. In order to receive medication, reentrants need to arrive at one of the medication lines.

The medication times are: 5 am, 9 am, 12:30 pm, 4:30 pm, 8 pm, or 11:15 pm. Renewal, Inc. employs an on-site nursing staff, a medical doctor, and a psychiatrist that may be used for care.

The day ends with an 11:30 pm "lights out" call for all those reentrants that are in center. For those who arrive back to the center from work after 11:30 pm, they are given one hour of "wind down" time before they are expected to be in their bunk.