

# Top 10 Questions Asked at...

# **CTC Erie (In-Patient)**

# 1. How long is the program? How long will I be here?

Our program is treatment-response based. Each resident progresses at a different rate and are assessed on an individual case-by-case basis.

# 2. Is CTC-Erie a smoking facility? Am I allowed to smoke?

Yes. There is a designated smoking area. Tobacco products may be brought from the outside for residents but must be <u>unopened</u> packages. Tobacco products are also available for purchase in-house through a vending machine. No loose tobacco permitted.

### 3. What items am I allowed to bring? Can I have other people drop off item for me?

You may have seven (7) changes of clothing, sleepwear, and undergarments for each day of the week. You may have unopened hygiene products. They cannot contain alcohol. You are permitted to have an MP3 player without a camera or internet access. The designated property/money drop-off days for both the male and female inpatient programs are Tuesday and Friday of every week. You may drop off from 8 am to 9 pm with prior request and approval. Outside food or drink is <u>not</u> permitted.

#### 4. How much money can a resident have?

An initial dollar amount of up to \$75 can be kept by each person. For any monies received after the initial cash allowance, you may keep \$10 and the remainder is remitted to your budget. You can only have \$75 on your person at any time. Budgets are done by 9 am every Monday.

#### 5. Are there laundry facilities?

Yes. There is a coin operated washer and dryer on the unit and you are permitted to have laundry pods only, no bleach.

#### 6. How do the phones work? Are there payphones?

There are payphones on the unit and most residents utilize the "Penny Talk" or "Boss" calling cards. Cellphones are not permitted. The counselor phone is available at the discretion of the counselor based on clinical need. Phone use is not permitted during treatment hours.

#### 7. When are visiting days and times?

Male In-patient visitation is Sunday from 1:30 to 4:30 pm. Female In-patient is Saturday from 1:30 to 4:30 pm. Visitors must have a valid Pennsylvania ID. Those not in current, good legal standing may not be approved for visitation.

#### 8. Do residents attend 12-step meetings?

Yes. CTC Erie is a 12-step based program. Both the male and female residents attend programming such as AA and NA as part of program requirement.

#### 9. How do I get my medical needs met?

CTC Erie has a medical doctor onsite once a week. Please bring any medication bottles currently prescribed for verification for refills and smooth transition. Medications not permitted: narcotics, benzodiazepines, and other addictive medications.

## 10. Are mental health services available?

CTC Erie is not a licensed dual provider. However, the majority of the clinical staff have a mental health background/training. Arrangements for individual treatment will be made at discharge.