§4.130 Schedule of ratings—mental disorders.

The nomenclature employed in this portion of the rating schedule is based upon the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, of the American Psychiatric Association (DSM-IV). Rating agencies must be thoroughly familiar with this manual to properly implement the directives in §4.125 through §4.129 and to apply the general rating formula for mental disorders in §4.130. The schedule for rating for mental disorders is set forth as follows:

Rating

### SCHIZOPHRENIA AND OTHER PSYCHOTIC DISORDERS

9201 Schizophrenia, disorganized type
9202 Schizophrenia, catatonic type
9203 Schizophrenia, paranoid type
9204 Schizophrenia, undifferentiated type
9205 Schizophrenia, residual type; other and unspecified types
9208 Delusional disorder
9210 Psychotic disorder, not otherwise specified (atypical psychosis)
9211 Schizoaffective disorder

### DELIRIUM, DEMENTIA, AND AMNESTIC AND OTHER COGNITIVE DISORDERS

9300 Delirium
9301 Dementia due to infection (HIV infection, syphilis, or other systemic or intracranial infections)
9304 Dementia due to head trauma
9305 Vascular dementia
9310 Dementia of unknown etiology
9312 Dementia of the Alzheimer’s type
9326 Dementia due to other neurologic or general medical conditions (endocrine disorders, metabolic disorders, Pick’s disease, brain tumors, etc.) or that are substance-induced (drugs, alcohol, poisons)
9327 Organic mental disorder, other (including personality change due to a general medical condition)

(No. 48 5/5/09)
### §4.130—Scheduling of ratings—mental disorders

#### ANXIETY DISORDERS

<table>
<thead>
<tr>
<th>Code</th>
<th>Disorder</th>
</tr>
</thead>
<tbody>
<tr>
<td>9400</td>
<td>Generalized anxiety disorder</td>
</tr>
<tr>
<td>9403</td>
<td>Specific (simple) phobia; social phobia</td>
</tr>
<tr>
<td>9404</td>
<td>Obsessive compulsive disorder</td>
</tr>
<tr>
<td>9410</td>
<td>Other and unspecified neurosis</td>
</tr>
<tr>
<td>9411</td>
<td>Posttraumatic stress disorder</td>
</tr>
<tr>
<td>9412</td>
<td>Panic disorder and/or agoraphobia</td>
</tr>
<tr>
<td>9413</td>
<td>Anxiety disorder, not otherwise specified</td>
</tr>
</tbody>
</table>

#### DISSOCIATIVE DISORDERS

<table>
<thead>
<tr>
<th>Code</th>
<th>Disorder</th>
</tr>
</thead>
<tbody>
<tr>
<td>9416</td>
<td>Dissociative amnesia; dissociative fugue; dissociative identity disorder (multiple personality disorder)</td>
</tr>
<tr>
<td>9417</td>
<td>Depersonalization disorder</td>
</tr>
</tbody>
</table>

#### SOMATOFORM DISORDERS

<table>
<thead>
<tr>
<th>Code</th>
<th>Disorder</th>
</tr>
</thead>
<tbody>
<tr>
<td>9421</td>
<td>Somatization disorder</td>
</tr>
<tr>
<td>9422</td>
<td>Pain disorder</td>
</tr>
<tr>
<td>9423</td>
<td>Undifferentiated somatoform disorder</td>
</tr>
<tr>
<td>9424</td>
<td>Conversion disorder</td>
</tr>
<tr>
<td>9425</td>
<td>Hypochondriasis</td>
</tr>
</tbody>
</table>

#### MOOD DISORDERS

<table>
<thead>
<tr>
<th>Code</th>
<th>Disorder</th>
</tr>
</thead>
<tbody>
<tr>
<td>9431</td>
<td>Cyclothymic disorder</td>
</tr>
<tr>
<td>9432</td>
<td>Bipolar disorder</td>
</tr>
<tr>
<td>9433</td>
<td>Dysthymic disorder</td>
</tr>
<tr>
<td>9434</td>
<td>Major depressive disorder</td>
</tr>
<tr>
<td>9435</td>
<td>Mood disorder, not otherwise specified</td>
</tr>
</tbody>
</table>

(No. 48 5/5/09)
CHRONIC ADJUSTMENT DISORDER

9440  Chronic adjustment disorder

General Rating Formula for Mental Disorders:

Total occupational and social impairment, due to such symptoms as:
gross impairment in thought processes or communication;
persistent delusions or hallucinations; grossly inappropriate
behavior; persistent danger of hurting self or others; intermittent
inability to perform activities of daily living (including maintenance
of minimal personal hygiene); disorientation to time or place; memory
loss for names of close relatives, own occupation, or own name .................100

Occupational and social impairment, with deficiencies in most areas,
such as work, school, family relations, judgment, thinking, or mood,
due to such symptoms as: suicidal ideation; obsessional rituals
which interfere with routine activities; speech intermittently illogical,
obscure, or irrelevant; near-continuous panic or depression affecting
the ability to function independently, appropriately and effectively;
impaired impulse control (such as unprovoked irritability with periods
of violence); spatial disorientation; neglect of personal appearance and
hygiene; difficulty in adapting to stressful circumstances (including
work or a worklike setting); inability to establish and maintain
effective relationships .................................................................70

Occupational and social impairment with reduced reliability and
productivity due to such symptoms as: flattened affect; circumstantial,
circumlocutory, or stereotyped speech; panic attacks more than once
a week; difficulty in understanding complex commands; impairment
of short- and long-term memory (e.g., retention of only highly learned
material, forgetting to complete tasks); impaired judgment; impaired
abstract thinking; disturbances of motivation and mood; difficulty in
establishing and maintaining effective work and social relationships ..........50

Occupational and social impairment with occasional decrease in work
efficiency and intermittent periods of inability to perform occupational
tasks (although generally functioning satisfactorily, with routine
behavior, self-care, and conversation normal), due to such symptoms
as: depressed mood, anxiety, suspiciousness, panic attacks (weekly or
less often), chronic sleep impairment, mild memory loss (such as
forgetting names, directions, recent events) ........................................30

Occupational and social impairment due to mild or transient symptoms
which decrease work efficiency and ability to perform occupational
tasks only during periods of significant stress, or; symptoms controlled
by continuous medication .................................................................10
A mental condition has been formally diagnosed, but symptoms are not severe enough either to interfere with occupational and social functioning or to require continuous medication ......................................................0

EATING DISORDERS

9520 Anorexia nervosa

9521 Bulimia nervosa

Rating Formula for Eating Disorders:

Self-induced weight loss to less than 80 percent of expected minimum weight, with incapacitating episodes of at least six weeks total duration per year, and requiring hospitalization more than twice a year for parenteral nutrition or tube feeding .................................................................100

Self-induced weight loss to less than 85 percent of expected minimum weight with incapacitating episodes of six or more weeks total duration per year .........................................................................................60

Self-induced weight loss to less than 85 percent of expected minimum weight with incapacitating episodes of more than two but less than six weeks total duration per year .........................................................................................30

Binge eating followed by self-induced vomiting or other measures to prevent weight gain, or resistance to weight gain even when below expected minimum weight, with diagnosis of an eating disorder and incapacitating episodes of up to two weeks total duration per year ..............10

Binge eating followed by self-induced vomiting or other measures to prevent weight gain, or resistance to weight gain even when below expected minimum weight, with diagnosis of an eating disorder but without incapacitating episodes .........................................................................................0

Note: An incapacitating episode is a period during which bed rest and treatment by a physician are required. (Authority: 38 U.S.C. 1155)


Supplement Highlights references: 19(1), 48(1).

Next Section is §4.149
Reserved