



A Day's Schedule at...

Sharon CCC

I wake up around 06:00 on weekdays. I share a bedroom and a bathroom with about 3-4 other men. When I wake up, I get ready for the day and prepare myself for the 0700 medical call. After I take my medication, I eat breakfast in the kitchen/dining room area.

After breakfast, I sign out for the day. I work locally, usually from 0800-1600. When I finish my shift, I am permitted utility leave time outside of the center. If it is a Monday or Thursday, I will have to attend my SIP AOD Treatment Groups, but other than those days, I am encouraged to participate in activities that reunite me with my family and community.

The Sharon CCC is located in the downtown area, which has access to many events in the summer months that are free and family friendly. There are weekly outdoor concerts, car shows, community events, and other festivals. There are also multiple fitness centers, parks, restaurants, and areas to fish within walking distance.

Around 2100, I return to the center. There is a large family room style TV area where one of two center televisions are located. Near the living room is a pool table, vending machines, and another television that reentrants have access to during waking hours.

The Sharon CCC has a home-like setting rather than a large institutional feel.

Written by a current resident