

## A Day's Schedule at...

## Wernersville #18 CCC

Wernersville #18 CCC starts begins with a 0600 hour (6 am) count. After this count clears, reentrants go to breakfast at 0700 hours (7 am).

After breakfast, chores begin and everyone must do the chores. The building must pass inspection before anyone is allowed to sign out, unless reentrants have medical or work sign outs.

After chores are completed, reentrants may sign out from 0800 to 1600 hours (8 am to 4 pm), 0900 to 1700 hours (9 am to 5 pm) and 1000 to 1800 (10 am to 6 pm) hours unless they are working. In this case, the counselor will discuss your hours with you.

At the 1115 hour (11:15 am), a count is held. After this count clears, lunch is held at noon. After lunch, reentrants have free time if they remain in the building. The next count is held at 1615 hours (4:15 PM). After this count clears, dinner is held at 1700 hours (5 pm).

Reentrants again have free time if they remain in the building. At 2100 hours (9 pm), there is a mandatory standing count. After this clears, reentrants have free time to prepare for the next day until 2300 hour (11 pm) count.

Lights out is at midnight. When reentrants are in the center, they are to give respect and they will receive respect in return.

From a current reentrant: (The goal is to) "Get a job, get a home plan and stay out of trouble."