



A Day's Schedule at...

Transitional Living Center (TLC)

Reentrants wake up no later than 0800 hours (8 am). They are to make their bed and prepare for the day.

From 0900 to 1200, TLC conducts programming for reentrants.

Lunch is provided from 1200 to 1430 hours (noon to 2:30 pm)

Employment Group is held from 1330 to 1430 hours (1:30 to 2:30 pm)

Outside counseling, appointments and recovery meetings are held from 1430 to 1900 hours (2:30 to 7 pm)

Dinner is held at 1700 hours (5 pm)

After dinner, reentrants have time to themselves to make personal phone calls, watch television or do laundry.

After employment is secured by the reentrant, their individual schedule will change.