



A Day's Schedule at...

Gaudenzia Washington House

~ Counts are conducted before and after all movement ~

Monday thru Friday

Wake up 6 am (must be on the floor by 7 am)
Morning meeting 8 to 9 am
Recovery maintenance group 9:15 to 10:30 am
Orientation group for reentrants 30 days and less 10:30 to 11:30 am
Job search sign out (counselor approval only) at 10:30am
Lunch 11:30 am
12:15 pm sign out for approved 12 Step meeting with peers
Check in group 3 pm
Personal Time 3:30 to 5 pm
Dinner at 5 pm
6 to 7pm Group (counselors' caseload)
Approved 12 step meeting from 6 to 8 pm (30 days and over with peers)
Last clean up at 8 pm
Lights out at 11 pm

Saturday and Sunday

Wake up 7 am (must be on the floor by 8 am)
GI (house cleaning) from 8 to 9:15am
Morning Meeting from 9:15 to 10:30am
Empowerment group from 10:30 to 11:30 am
12 Step Meeting from 12:15 to 3 pm
Personal time from 3 to 5 pm
Outside meeting (over 30 days with senior reentrants)
Last clean up at 8 pm
Lights out at 11 pm