

Programs Available to All Inmates

- Certified Peer Assistant Programs
- Violence Prevention
- Parenting
- Self-Help Meetings
- Batterer's Intervention (for Domestic Violence)
- Seeking Safety (PTSD Treatment)
- Vocational Programs
- GED Preparations
- Religious Studies
- Gender Specific Programming
- Drug and Alcohol Programming
- Grief Counseling
- Sexual Abuse/Harassment Counseling
- Special Education for individuals with Intellectual Disabilities
- Victim's Awareness Classes
- Medically Assisted Treatment (Vivitrol)

Reentry Programming

Reentry is the key to any recovery plan. At the Quehanna Boot Camp, Reentry begins for both SIP/SDTP and Boot Camp inmates as soon as they arrive. Our Reentry Program includes the following topics:

- Employment
- Housing
- Financial Management
- Post-Secondary Education
- Office of Vocational Rehabilitation
- Dealing Positively with Parole
- Career Fairs
- Veterans Issues
- Relationship Issues
- Healthy Living
- Many other topics

Statistics

Boot Camp

Average percentage of inmates that return to state incarceration (as of 1/1/2020):

1 year after release: 15.03%

3 years after release: 40.33%

5 years after release: 46.33%

Graduation Rate of 80%

*data from 2013-2018

As of October 2020, over 10,000 graduates

Cost Savings: \$11,431 per inmate

Total: Almost \$97 million as of 1/1/2020

SIP (2017 Performance Report):

Of the 25,948 inmates who appear eligible, only 26% were referred for SIP.

1-yr Recidivism Rate: 22.6% (vs. 32.9%)

3-yr Recidivism Rate: 42.9% (vs. 55.7%)

Cost Savings: \$33,736 per inmate

Total: Almost \$190 million

Please note that with the passing of Act 115 of 2019, the State Intermediate Punishment Program(SIP) program has been replaced with the State Drug Treatment Program (SDTP). 61 Pa.C.S. Ch. 41.

For more information about each program and criteria, go to www.cor.pa.gov

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QUEHANNA BOOT CAMP



*One Person Can Make A Difference;
Together We Can Achieve Anything!*



2020

Program Philosophy

The Pennsylvania Department of Corrections, Quehanna Boot Camp, will provide a secure, safe and humane alternative to standard incarceration. Our programs enforce positive life-building skills in a disciplined environment.

Each staff member is committed to the ideal, "One person can make a difference; together we can achieve anything." For the staff of the Quehanna Boot Camp, "Excellence is not an option, it is our standard."

Programs Offered at the QBC

SCI Quehanna offers both the Boot Camp Program and the State Drug Treatment Program (previously the SIP Program).

The Boot Camp Program

In 1991, Quehanna Boot Camp (Quehanna) began operating *the Quehanna Boot Camp Program*. This program is a Cognitive Restructuring Program based around military concepts. If inmates (reentrants) successfully complete the six-month program, they are paroled. The Boot Camp Program accepts both male and female inmates. The Boot Camp Program uses military components in concert with therapeutic techniques to address Criminal Thinking and Substance Abuse Issues. Inmates focus on discipline, work ethic, education, and therapeutic issues. There are four phases to the QBC Program. They are, in order, Orientation Phase, Green Phase, Red Phase and Gold Phase. Each Phase requires more personal effort and personal responsibility. Quehanna holds a very high standard and those that do not meet the standard are sent back to a typical

State Correctional Institution to complete their sentence.


Boot Camp teammates (inmates) are required to get up daily at 0515 hours. They spend their day working, in education classes, completing physical training, developing discipline through military activities, working on their character defects through cognitive treatment techniques, and preparing themselves to reenter society as a productive citizen. At 2130 hours, they prepare for lights out and retire to sleep.

All teammates are placed in education if they do not have a high school diploma or GED. If they do have a diploma/GED, they are assigned to a work detail. Quehanna is the top facility in the Department in GED's awarded and Vocational Certifications earned. Teammates assigned to work details are taught work ethics, reliability, and skills that will allow them to be productive in society.

All teammates are assessed for Criminality, Substance Use, and likelihood to recidivate. Based on these assessments, inmates are assigned to cognitive programming to address each of these issues. Each teammate is assigned a Treatment Specialist that will assist them with their groups and their treatment plan. As of October 2020, Quehanna has graduated over 10,000 reentrants. To view a short video on the Boot Camp Program, go to <https://www.youtube.com/watch?v=B9W9RnXSz1c>.


State Intermediate Punishment Program/State Drug Treatment Program

In 2006, Quehanna began accepting inmates into the *State Intermediate Punishment Program (SIP)*. On December 18, 2019,

Governor Wolf passed Act 115 of 2019, which changed **the** State Intermediate Punishment to the State Drug Treatment Program (SDTP). SDTP is designed for individuals convicted of drug-related offenses and offers a step-down approach to their addiction. Under SDTP, the inmate will complete 24 months, at least 7 of which will be served in prison [4 of them in a Therapeutic Community (Level I)], a minimum of 2 months in a community-based Therapeutic Community (Level II), and a minimum of 6 months in outpatient treatment (Level III). The balance of the 24 months consists of supervised reintegration into the community (Level IV). 

See 61 Pa.C.S. Ch. 41 for criteria specifics or contact Jim Stover, JRI2 Coordinator, at 814-761-0076.

Quehanna is responsible for operating the Level I Therapeutic Community for SDTP inmates. All participants in the SDTP will have an individualized treatment plan. As part of the SIP/SDTP program, Quehanna offers Opioid treatment to those that require it. Progress through the program is based on the assessed need and attainment of goals established for each individual. If participants successfully complete their treatment goals, they progress to Level II in the community.

A person who fails in SDTP, due to misconduct or poor progress in treatment, may be subject to expulsion from SDTP; reverting back to their original sentence.  As of January 1, 2020, Quehanna has graduated over 5,700 reentrants from SIP.