POSITIVE TRAITS

Everyone has positive traits however depending on how the traits are used are dependent on whether they will produce positive or negative results and/or consequences.

1. Review the list of Positive Traits
2. Circle your Top 10 traits that you feel you possess.
3. Use at least 5 of those traits and write a story about a time in your life you used those particular trait(s).
4. Did your traits yield positive or negative results? If they produced negative results explain how you could change the results to positive ones.

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