

HOME VISITING PROGRAMS

Nurse Family Partnership (NFP)

Nurse-Family Partnership (NFP) helps first-time mothers from low-income families experience healthy pregnancies, promotes early literacy, and encourages school readiness by helping mothers learn how to foster healthy development in their children. Families receive services during pregnancy until the child turns two years old.

Healthy Families America (HFA)

Healthy Families America (HFA) is a home visiting program that is equipped to work with families who may have histories of trauma, intimate partner violence, mental health issues, and/or substance abuse issues. Services for this program begin prenatally, or immediately after the birth of a baby. They are offered voluntarily, intensively, and over the long term, from birth until three to five years. The HFA program is currently available in Erie, Lewistown, Upper Darby, and Wilkinsburg.

Parents as Teachers

Parents as Teachers provides home visits with trained experts who educate parents on how to become the first and most important teachers in their child's life. This program offers support services from pregnancy to Kindergarten, serving at-risk families such as:

- ▣ Teen parents
- ▣ Parents or children with disabilities
- ▣ Low-income families
- ▣ Parents without a high school diploma or GED
- ▣ Parents experiencing substance abuse

Early Head Start

Early Head Start gives low-income families and pregnant women the skills they need to enhance their children's growth from birth to three years. Early Head Start home-based services include

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weekly 90-minute visits and two group socialization activities per month for parents and their children. Families earning up to 100% of the federal poverty level may be eligible. The program serves pregnant women, as well as infants and toddlers. To locate federal poverty level guidelines, visit <http://www.dhs.pa.gov>.

IMPORTANT INFORMATION

Phone: For information on these programs, call the Office of Child Development and Early Learning (717) 346-9320

Website: To locate an Early Head Start program near you:

<http://paheadstart.org/index.php/head-start-in-pa/local-head-start-information>

For more information on Home Visiting Programs, visit:

<http://www.dhs.pa.gov/citizens/childcareearlylearning/index.htm>

Age Range: Age ranges are listed below.

- ▣ **Nurse Family Partnership:** First pregnancy to age 2
- ▣ **Healthy Families America:** Prenatal/birth to age 3-5
- ▣ **Parents as Teachers:** Pregnancy to Kindergarten
- ▣ **Early Head Start:** Pregnant women, as well as infants and toddlers

Eligibility: Eligibility requirements are listed below.

- ▣ **Nurse Family Partnership:** First-Time mothers from low-income families
- ▣ **Healthy Families America:** History of trauma, mental health issues, and/or substance abuse issues
- ▣ **Parents as Teachers:** At-Risk families (See program description)
- ▣ **Early Head Start:** Pregnant women, low-income families, families earning up to 100% of the federal poverty level

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