

RESOURCE MANUAL

FOR

SUCCESSFUL TRANSITION

BACK TO PIKE COUNTY





COMMONWEALTH OF PENNSYLVANIA DEPARTMENT OF CORRECTIONS

You are returning to your community, friends and family and will need resources to make the transition easier. We are providing a community resource guide to you which lists contact information for these organizations. Some areas that you will find helpful include parole, education, crisis intervention, training, employment, AA, NA, parenting/child care, health care, and mental health.

Every day is an opportunity to make a decision that will positively or adversely affect your life and those around you. I hope you will utilize the resources to support those positive decisions. I wish you every success in your life.

Sincerely,

John E. Wetzel Secretary of Corrections

OFFICE OF THE SECRETARY 1920 Technology Parkway | Mechanicsburg, PA 17050 | 717.728.4109 | Fax 717.728.4178 | www.cor.state.pa.us

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Are you returning home to a county in Pennsylvania?

Here's some help.....

This resource guide has been created by the Pennsylvania Department of Corrections with help from local agencies, government departments, and county personnel that all participate in the statewide reentry initiative.

Information in this guide has been verified and is accurate as of August 2013. This guide can be updated as needed. Send any changes and corrections regarding removal or additions of resources to <u>ra-crdocreentrydirec@pa.gov</u>.

Returning home can be difficult – we hope that this guide helps you to find local resources that will help you succeed in your future endeavors!

When you are released, take it one day at a time...

- ✓ See your parole agent as required
- ✓ Obtain steady employment
- ✓ Treat others with respect
- ✓ Be a positive role model
- ✓ Avoid situations that involve drugs and alcohol
- ✓ Continue treatment programs and don't give up!
- ✓ Be responsible and know the consequences of your actions
- ✓ Stay in control of your finances
- ✓ Avoid negative influences
- ✓ Volunteer to give back to the community
- ✓ Be in control of your emotions
- ✓ Surround yourself with positivity

And finally.....

It is up to YOU to get the help you need.

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What Are One-Stop Shops?

"One-Stop Shops" are key referral agencies to other resources and other service agencies. They may also provide the service(s) directly. They can provide both information and support in finding available resources in your community. Certain agencies are able to provide you with assistance, while others will help you get to where you need to go! Please read the individual descriptions for more information.

Re-entry Coalitions

Coalitions are available on a regional and/or county basis and are one-stop referral and assistance groups specifically responsible for providing information and/or services to returning citizens. Not every county has a re-entry coalition, but they are being formed throughout to Commonwealth of Pennsylvania. Every coalition varies in its makeup, including an assortment of government and community agencies. These coalitions are intent on making the transition from incarceration to the community easier for all involved. They may provide mentoring services, education and employment services, emergency assistance, housing assistance, and more. For assistance, start by calling your coalition if it is listed and asking what services they are currently offering.

Agency on Aging

Agencies on Aging provide services to older adults including, information & referral placement, personal care, home support, counseling, protection, legal, family support program, long-term care assessment and management and alternative Community Care Services. Age restrictions regarding senior citizenship will vary by county, but information and referral placement can be given regardless of age. http://www.aging.state.pa.us/portal/server.pt/community/department_of_aging_home/18206

Child Care Information Services

Child Care Information Services (CCIS) agencies are the hub of child care information in your local area. CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences. For all of your child care questions and needs, contact the CCIS agency for your local area or call the Child Care Works Helpline at 1-877-4-PA-KIDS.

http://www.dpw.state.pa.us/findfacilsandlocs/childcareinformationservices/

Community Actions

Community Action Agencies work to empower families and individuals, giving them the opportunity to gain the skills and confidence they need to succeed. They provide a variety of both public and private programs for community members based on need and availability. Community Actions also provide information on and recommendations/referrals to other resources in the county. They may provide housing assistance, emergency food/shelter, employment services, utility assistance, financial assistance and more. Start by calling for assistance and help in finding available resources in the community. http://www.thecaap.org/

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County Assistance Offices

County Assistance Offices help you to apply for and renew your government benefits from the comfort of your home, provide the online resources for cash assistance such as Temporary Assistance for Needy Families (TANF), have access to the Supplemental Nutrition Assistance Program (SNAP) for food assistance, help with child care, health care coverage, home heating assistance (LIHEAP), school meals, and have resources for Women and long-term living services. Other general services provided.

http://www.dpw.state.pa.us/findfacilsandlocs/countyassistanceofficecontactinformation/index.htm

Human Services

The county departments of Human Services provide social services to meet the needs of all citizens. These services are provided through the Divisions of Area Agency on Aging, Children, Youth & Families, Drug & Alcohol, Mental Health/Intellectual Disability, and Veterans Affairs. NOTE: The Human Service office may also oversee the Mental Health/ Intellectual Disability (MH/ID) office. The MH/ID office may have a Forensic Liaison who can assist staff and individuals with information on MH/ID services and locations and can provide intake and referrals to other agencies, including housing agencies. Please see the appendix in the back of the manual regarding Forensic Liaison (Criminal Justice) Contacts.

http://www.helpinpa.state.pa.us/HelpInPA/agencysearch.aspx

PA CareerLink

PA CareerLinks help if you are interested in career assistance (finding a job, looking for a better job, improving job skills) or seeking vocational rehabilitation services. It enables you to search for job openings, create a résumé, apply for jobs online, research career information or vocational rehabilitation services. https://www.cwds.state.pa.us/

PA Department of Health- State Health Center

The Department of Health State Health Centers support outreach, education, prevention and treatment services across a variety of program areas. They can also provide information and referral to other resources and other health agencies. Community-based groups are used to provide essential services to the Commonwealth's citizens including programs for women and children, nutrition, immunization, diagnosis and treatment of certain blood and communicable diseases, cancer control and prevention, and the prevention and treatment of substance abuse.

http://webserver.health.state.pa.us/health/comm/comm.asp?COUNTY=all

http://www.pikepa.org/

Re-Entry Coalition

As of August 2013 a formal re-entry coalition has not been identified for Pike County

Agencies That Provide One-Stop Services

UNITED WAY

United Way of Monroe County

Services: Free Information and Referrals to other agencies

Eligibility: Services for community members

Fees: None

Hours of Operation: Varies

Address: N/A Phone Number: (570) 629-5657 Second Number: Pocono: (570) 517-3954

Website

http://www.unitedwaymonroe.org/

United Way of Pike County

Services: Free Information and Referrals to other agencies

Eligibility: Services for community members

Fees: None

Hours of Operation:

Varies

Address: N/A Phone Number: (570) 296-9980 Second Number: N/A

Website

http://www.unitedwaypike.org/

AGENCY ON AGING

Pike County AAA

Services: Provides services to senior citizens including, information & referral placement, personal care, home support, counseling, protection, legal, Family Caregiver Support Program, Long-term Care Assessment and Management Program and Alternative Community Care Services.

Eligibility: Services for Senior Citizens

Fees: General information provided for free. Other services may have various fees

Hours of Operation:	Address:	Phone Number:
Monday-Friday	150 Pike County Boulevard	(570) 775-5550
8:00 a.m 4:00 p.m.	Hawley, PA 18428	Second Number:
		1 (800) 233-8911

Website

www.pikeaaa.org

CHILD CARE INFORMATION SERVICES

Pike County

Services: Child Care Information Services provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences. They also administer the Child Care Works subsidized child care program.

Eligibility: Services for parents

Fees: General information provided for free. Other services may have various fees

Hours of Operation:	Address:	Phone Number:
Monday - Friday	54 Main Street	(570) 226-6200
7:30 a.m 5:00 p.m.	Hawley, PA 18428	Second Number:
		1 (800) 559-6020

Website

http://www.dpw.state.pa.us/findfacilsandlocs/childcareinformationservices/

COMMUNITY ACTION

Monroe County Grants Office

Services: Community Actions provide information and referrals for community services and resources for all basic needs. Depending on the county, Community Actions may also have their own various services as well; call for more information.

Eligibility: Services for all community members

Fees: General information provided for free. Other services may have various fees

Hours of Operation:	Address:	Phon
Monday- Friday	1 Quaker Plaza	(570)
8:30 a.m 4:00p.m.	Room 204	Secon
	Stroudsburg, PA 18360	

Phone Number: (570) 517-3129 Second Number: N/A

Website N/A

COUNTY ASSISTANCE OFFICE

Pike County Assistance Office

Services: You can apply for and renew your benefits from the comfort of your home using COMPASS, the online resource for cash assistance, the Supplemental Nutrition Assistance Program (SNAP), help with child care, health care coverage, Low-Income Home Energy Assistance Program (LIHEAP), school meals, SelectPlan for Women and long-term living services. Other general services provided.

Eligibility: Services for community members in need

Fees: General information provided for free. Other services may have various fees

Hours of Operation:	Address:	Phone Number:
Monday - Friday	10 Buist Road	(570) 296-6114
7:30 a.m 5:00 p.m.	Suite 101	Second Number:
	Milford, PA 18337	1 (866) 267-9181

Website

http://www.dpw.state.pa.us/findfacilsandlocs/countyassistanceofficecontactinformation/index.htm

PA DEPARTMENT OF HEALTH STATE HEALTH CENTER

Pike Health Center

Services: It licenses and regulates a variety of health facilities, such as hospitals, nursing homes, ambulatory surgical facilities and other in-patient and out-patient facilities. In addition, the Department supports outreach, education, prevention and treatment services across a variety of program areas including programs for women and children, nutrition, immunization, diagnosis and treatment of certain blood and communicable diseases, cancer control and prevention, and the prevention and treatment of substance abuse.

Eligibility: Services for those seeking medical assistance.

Fees: Depends on your health insurance, and services needed.

Hours of Operation: Monday-Friday 8:00 a.m. -4:30 p.m. Address: 10 Buist Road Suite 401 Milford, PA 18337 Phone Number: (570) 296-6512 Second Number: N/A

Website

http://webserver.health.state.pa.us/health/comm/comm.asp?COUNTY=all

Children and Family

FAMILY SUPPORT ALLIANCE

Family Support Alliance Helpline

Services: PA Family Support Alliance is a statewide child abuse prevention and famly support program. The Family Support Alliance may provide returning citizen-specific services, such as Parenting classes. They provide professional training as well as training for parents locally.

Eligibility: Services for parents.

Fees: None

Hours of Operation: Monday-Friday

8:00a.m.-4:30p.m.

Address: Please call to recieve referral and address Phone Number: (800)448-4906 Second Number:

Website https://www.pa-fsa.org/

WOMEN, INFANTS, AND CHILDREN (WIC)

WIC Helpline

Services: Statewide helpline to find the Women, Infants, and Children (WIC) office nearest to you. WIC is a federally funded program that provides healthy supplemental foods and nutrition services for pregnant women, postpartum and breastfeeding women, infants and children under age five in a supportive environment.

Eligibility: Services for parents.

Fees: None

Hours of Operation: Monday-Friday 8:30a.m.-4:00p.m. Address: N/A Phone Number: (800) 942-9467 Second Number:

Website www.pawic.com

Domestic Violence

Safe Haven Pike County, Inc.

Services: Domestic Violence and Sexual Abuse or victims of other serious crimes

Eligibility: Services for those who are victims of domestic violence

Fees: Shelter is free, most other services are no-/ low-cost

Hours of Operation: Monday-Friday 9:00 a.m. - 5:00 p.m. Address: 402 Broad St. Milford, PA 18337 Phone Number: (570) 296-4357 Second Number: N/A

Website

www.shopc.org

Drug and Alcohol

SINGLE COUNTY AUTHORITY

Carbon/Monroe/Pike Drug and Alcohol Commission

Services: Educating the client in the skills necessary to achieve and maintain self-sufficiency and recovery from substance use/abuse disorders.

Eligibility: Services for community members

Fees: None

Hours of Operation: Monday - Friday 8:30 a.m. - 4:30 p.m. Address: 724 Phillips Street Suite A Stroudsburg, PA 18360 Phone Number: (570) 421-3669 Second Number: N/A

Website http://www.cmpda.cog.pa.us/

ALCOHOLICS ANONYMOUS

Dingman's Ferry

Services: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; AA is a self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. The primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Phone Number: (570) 296-5344

Website:

http://aa.org/lang/en/central_offices.cfm?origpage=373&cmd=getgroups&state=Pennsylvania&country= United States

Milford

Services: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; AA is a self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. The primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Phone Number: (570) 296-5344

Website:

http://aa.org/lang/en/central_offices.cfm?origpage=373&cmd=getgroups&state=Pennsylvania&country= United States

NARCOTICS ANONYMOUS

NA.org

Services Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. NA members hold more than 61,000 meetings weekly in 129 countries. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Narcotics Anonymous is not meant to focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

Website: http://www.na.org/?ID=phoneline

Employment

Burnley Employment and Rehabilitation Services

Services: Food services training, job placement, job coaching, sheltered workshops, and transitional services.

Eligibility: Services for community members

Fees: Varies depending on service needed

Hours of Operation: Monday – Friday 8:00 a.m. – 4:30 p.m. Address: 4219 Manor Drive Stroudsburg, PA 18360 **Phone Number:** (570) 992-6616 **Second Number:** N/A

Website

http://www.allied-services.org/our-services/community-services/burnley-employment-rehabilitation/

Human Resources Center, Inc.

Services: Vocational training and job placement, supportive employment. Evidence of Physical/Mental Disabilities which create difficulties in acquiring gainful employment.

Eligibility: Services for people with disabilities

Fees: Varies depending on service needed

Hours of Operation:	Address:	Phone Number:
Monday – Friday	117 Pike County Boulevard	(570) 775-6144
8:30 a.m. – 4:30 p.m.	Hawley, PA 18428	Second Number:
		N/A

Website www.hrcinc.org

Office of Vocational Rehabilitation

Services: Assists persons with disabilities in obtaining employment and independence. They provide a wide range of services to eligible applicants. Some services can help you overcome or lessen your disability; others can directly help you prepare for a career. The services you receive will be arranged to meet your individual needs.

Eligibility: Servcices for people with disabilities who need help obtaining employment

Fees: Varies depending on service needed

Hours of Operation:	Address:
Monday – Friday	300 G Laird Street
8:00 a.m. – 4:30 p.m.	Wilkes-Barre, PA 18702

Phone Number: (570) 826-2011 Second Number: (800) 634-2060

Website www.dli.state.pa.us/ovr

Office of Vocational Rehabilitation- Blindness & Visual Services

Services: Assists persons with disabilities in obtaining employment and independence. They provide a wide range of services to eligible applicants. Some services can help you overcome or lessen your disability; others can directly help you prepare for a career. The services you receive will be arranged to meet your individual needs.

Eligibility: Servcices for individuals who are blind or visually impaired who need help getting employment

Fees: Varies depending on service needed

Hours of Operation:	Address:
Monday – Friday	300 G Laird Street
8:00 a.m. – 4:30 p.m.	Wilkes-Barre, PA 18702

Phone Number: (570) 826-2361 Second Number: (866) 227-4163

Website www.dli.state.pa.us/ovr

Food/Clothing

FOOD AND CLOTHING SERVICES

Bushkill Outreach Program

Services: Food and clothing pantry

Eligibility: Services for community members

Fees: None

Hours of Operation: Tuesday, Wednesday, Thursday 8:00 a.m.- 11:45a.m. Address: Route 209 PO Box 103 Bushkill, PA 18324 **Phone Number:** (570) 588-0660 **Second Number:** N/A

Website

www.bushkilloutreach.org

FOOD PANTRY

Ecumenical Food Pantry of Pike County

Services: Collects and distributes food to low income individuals who qualify. Must have a referral

Eligibility: Services for community members; must have a referral

Fees: None

Hours of Operation: Friday 6:30 p.m.- 7:30 p.m. Address: 110 West Catherine street Good Shepherd Church Milford, PA 18337 **Phone Number:** (570) 296-8123 **Second Number:** N/A

Website

www.goodshepherdmilford.org

Good News, Good Cheer Food Pantry

Services: Collects and distributes food to low income individuals who qualify.

Eligibility: Services for community members

Fees: None

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1st Sunday of each month 10:30 a.m.- 11:30 a.m. Address: Route 590 PO Box 66 Greeley, PA 18425 Phone Number: (570) 226-3966 Second Number: N/A

Website N/A

Holy Trinity Lutheran Church Food Pantry

Services: Collects and distributes food to low income individuals who qualify.

Eligibility: Services for community members

Fees: None

Hours of Operation: Monday- Friday

9:00 a.m.- 12:00 p.m. by appointment only Address: 103 Delaware Crest Dingmans Ferry, PA 18328 Phone Number: (570) 828-7411 Second Number: N/A

Website

www.htlcpa.org

Housing

GENERAL ASSISTANCE/ MULTI-PROGRAM

USDA Rural Development- Wyoming County Area Office

Services: Single-family housing, Multi-family housing, Mortgage Programs, Rental programs, independent housing

Eligibility: Services for all community members

Fees: Varies by program

Hours of Operation: Monday-Friday 8:00 a.m. - 4:30 p.m. Address: 21 Hollow Crest Rd. Tunkhannock, PA 18657 Phone Number: (570) 836-5111 ext. 4 Second Number: N/A

Website

www.rurdev.usda.gov

Catholic Social Services- Diocese of Scranton

Services: Various residential programs and shelter programs available

Eligibility: Services for those in need

Fees: Varies by program

Hours of Operation:

Monday-Sunday 7:30 a.m. - 11:00 a.m. Address: 10 Buist Road Suite 202 Milford, PA 18337 **Phone Number:** (570) 296-1054 **Second Number:** N/A

Website

www.cssdioceseofscranton.org

Crossroads Supportive Housing Program

Services: Supportive housing services, assistance with rental property search, rental subsidy, individualized treatment and goal planning, case management, life skills training, referral and linkage to appropriate community agencies

Eligibility: Services for community members

Fees: Varies by program

Hours of Operation: Monday-Friday 8:00 a.m. - 4:00 p.m. Address: 37 Dansbury Terrace East Stroudsburg, PA 18301 **Phone Number:** (570) 476-9228 **Second Number:** N/A

Website N/A

Identification

DRIVER'S LICENSE/ PHOTO ID

PennDOT Photo & Exam Center

Services: Driver and vehicle services, traveler and construction information, details on public safety, identification cards.

Eligibility: Services for all community members

Fees: Varies by service needed

Hours of Operation:

Driver License Center Tuesday-Saturday 8:30 a.m. -4:15pm Photo License Center Tuesday-Saturday 8:30 a.m. -4:15pm Address: 201 West Harford Street Milford, PA 18337 Phone Number: 1-800-932-4600 ask for location and they will direct you Second Number: N/A

Website

http://www.dot4.state.pa.us/centers/locationsCenter.shtml

SOCIAL SECURITY CARD

Social Security Office

Services: Applications for Social Security Number. Continuing eligibility for Services: Name changes, address changes, marital status, etc.

Eligibility: Services for all community members

Fees: Varies by service needed

Hours of Operation:

Monday- Friday 9:00 a.m.- 3:00 p.m. Wednesday 9:00 a.m.- 12:00 p.m. Address: 409 Lackawanna Avenue 1st Floor Scranton, PA 18503 Phone Number: (866) 635-0767 Second Number: 1 (800) 772-1213

Website www.socialsecurity.gov/locator

Legal Assistance

CHILD CARE

Pike County Domestic Relations

Services: Support application processing, complaint/filing, parent locator, paternity testing, paternity prosecution.

Eligibility: Services for all community members

Fees: Varies by service needed

Hours of Operation: Monday - Friday 8:30 a.m. – 4:30 p.m. Address: 506 Broad Street Suite 206 Milford, PA 18337 Phone Number: (570) 296-6511 Second Number: N/A

Website www.pikepa.org

CRIMINAL

Pike County Public Defender

Services: Provides legal counsel in certain types of cases to adults and juveniles who are charged with crimes or otherwise subject to the Court of Common Pleas and who cannot afford private legal services. Must be low income.

Eligibility: Services for individuals charged with a crime and are low income.

Fees: None

Hours of Operation: Monday - Friday 8:30 a.m. - 4:30 p.m. Address: 105 West High St. Milford, PA 18337 **Phone Number:** (570) 296-5266 **Second Number:** N/A

Website http://www.pikepa.org/pubdef.html

DISABILITIES

Developmental Disabilities Advocacy Network

Services: Protects legal rights of the handicapped; provides information on disability programs and services in communities nationwide.

Eligibility: Services for individuals who are handicapped or who have a disability.

Fees: Varies by service needed

Hours of Operation:	Address:	Phone Number:
Monday - Friday	N/A	1 (800) 692-7443
8:30 a.m 4:30 p.m.		Second Number:

N/A

Website http://www.disability.gov

GENERAL/CIVIL

North Penn Legal Services

Services: Provides legal representation in civil cases to low income people. Cases such as spouse abuse, child abuse, bankruptcy, utility terminations, evictions and administrative cases.

Eligibility: Must be low income

Fees: None

Hours of Operation:
Monday - Thursday
8:30 a.m 12:00 p.m.
1:00 p.m 4:30 p.m.
Friday
8:30 a.m 12:00 p.m.
1:00 p.m 4:00 p.m.

Address: 10 North Tenth Street Stroudsburg, PA 18360 Phone Number: (570) 424-5338 Second Number: (800) 532-8282

Website http://www.northpennlegal.org/

REFERRAL TO OTHER AGENCIES

Pennsylvania Bar Association Lawyer Referral Service

Services: Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law. There is no charge for contacting the LRS.

Eligibility: Services for all community members

Fees: None

Hours of Operation: Monday - Friday 8:00 a.m. - 4:30 p.m. Address: 100 South Street Harrisburg, PA 17108 **Phone Number:** 1 (800) 932-0311 **Second Number:** N/A

Website http://www.pabar.org

Medical Health

HEALTH CENTER

Pike County Medical Center

Services: Medical Services: Geriatrics, Gynecology, Home Visits, Immunizations: Adult & Pediatric, Laboratory, Pediatrics, Podiatry

Eligibility: Services for those seeking medical assistance.

Fees: Depends on your health insurance, and services needed.

Hours of Operation:

Monday & Wednesday 8:30 a.m. -4:30 p.m. Tuesday & Thursday 8:30 a.m. -5:30 p.m. Friday 8:30a.m-4:00 p.m. Saturday & Sunday 10:00a.m-2:00 p.m. Address: 750 Route 739 Hawley, PA 18428 **Phone Number:** (570) 775-7100 **Second Number:** N/A

Website

http://www.wmh.org/wmchc primary/default.aspx?category id=1021

HIV/AIDS

AIDS Factline

Services: Hotline that offers information on HIV/AIDS issues and referrals to health centers in Pennsylvania.

Eligibility: Services for all community members

Fees: None

Hours of Operation:	Address:	Phone Number:
Monday-Thursday	N/A	(800) 662-6080
8:30a.m7:30p.m.		Second Number:
Friday		N/A
8:30a.m5:30p.m.		
Saturday		
9:00a.m1:00p.m.		

Website

http://www.portal.state.pa.us/portal/server.pt/community/hiv____aids/14241/mission_statement_definition_of_a ids_frequently_asked_questions/558009

HOSPITAL

Pocono Medical Center

Services: disease-specific screening/diagnosis, disease/disability information, emergency medical care, home health care/aides, home nursing/visiting nurse, nutrition assessment, occupational therapy, physical therapy, physician referral, respiratory therapy, wellness program.

Eligibility: Services for those seeking medical assistance.

Fees: Depends on your health insurance, and services needed.

Hours of Operation:	Address:
Monday- Sunday 24 hours a day	206 East Brown Street
	East Stroudsburg, PA 18301

Phone Number: (570) 421-4000 Second Number: N/A

Website www.poconohealthsystem.org

MEDIAL INSURANCE

PAHealthOptions.com

Services: The Pennsylvania Insurance Department's Unbiased Guide to Understanding Insurance.

Eligibility: Services for those seeking medical insurance. Must be uneligible for Medicaid.

Fees: Varies by services needed

Hours of Operation: Monday- Sunday 24 hours a day Address: N/A Phone Number: N/A

Website: <u>http://pahealthoptions.org/</u>

REFERRAL AND GENERAL ASSISTANCE

Center for Disease Control Hotline

Services: National hotline for information on health issues and diseases, healthy living, emergency preparedness, injury, violence, and safety, environmental health, and workforce safety and health. Can provide referrals to local health resources. Spanish number also available.

Eligibility: Services for community members and spanish speaking community members

Fees: None

Hours of Operation: Monday-Friday 8:00a.m.-8:00p.m. Address: N/A Phone Number: (800) 232-4636 Second Number: (800) 344-7432 (En español)

Website http://www.cdc.gov/

Mental Health

For mental health assistance, contact the Mental Health/ Intellectual Disability (MH/ID) Forensic Liaison through the Human Services Department. The Forensic Liaison (Criminal Justice) Contacts are also listed in the appendix in the back of the manual. Most counties will have a Forensic Liaison, but for counties that do not, you may contact any of the other agencies listed in the beginning of this manual that provide One- Stop Services. These include the county Coalition, the Community Action, the County Assistance office, the county department of Health, and the Agency on Aging (for senior citizens).

Social Security Administration

Social Security Administration

Services: Applications for Social Security Number, Social Security - Income for retirees or survivors, Social Security Disability - Income for disabled workers, Supplemental Security Income (SSI) - Income maintenance for aged (65 or older), blind or disabled persons. Continuing eligibility for Services: Name changes, address changes, marital status, etc. Same agency as listed under Identification.

Eligibility: Services for all community members

Fees: Varies by service needed

Hours of Operation:

Monday- Friday 9:00 a.m.- 3:00 p.m. Wednesday 9:00 a.m.- 12:00 p.m. Address: 409 Lackawanna Avenue 1st Floor Scranton, PA 18503 Phone Number: (866) 635-0767 Second Number: 1 (800) 772-1213

Website www.socialsecurity.gov/locator

Veteran Affairs

DIRECTOR OF COUNTY VETERAN OFFICE

Pike County

Services: Veterans may receive services from any county Veterans Affairs Office. Direct assistance to identify, determine eligibility and assist in the preparation of applications for County, State and Federal veteran's benefits and programs, payment of burial allowances and ensuring grave markers and headstones are properly requested and placed for each deceased County Veteran, provide direct application for State programs like Real Estate Tax Exemption, Veterans Emergency Assistance, Blind and Paralyzed Pensions and Education Gratuity for veterans who are currently rated a 100% permanent and total

Eligibility: Services for veterans. Restricted to those discharged or released under conditions other than dishonorable

Fees: Varies depending on service needed

Hours of Operation:	Address:
Monday- Thursday	514 Broad Street
8:00 a.m 4:30 p.m.	Milford, PA 18337

Phone Number: (570) 296-3563 Second Number: N/A

Website http://www.pikepa.org/

VA MEDICAL CENTER

Wilkes- Barre VA Medical Center

Services: Veterans may receive services from their closest VA Medical Center. Bereavement Support Group, CCHT, Dental Services, Geriatrics and extended care, medical equipment, mental health, Mental Health Program Descriptions, Mental Health Specialized Program Descriptions, Mental Health Therapeutic Program Descriptions, The Palliative Care team is expert in comfort care - often what is more needed with an advanced illness, Our pharmacy processes more than 5000 prescriptions daily, Primary Care, Rehabilitation and Prosthetics, Social Work, Specialty Care, Trauma Recovery Services, Visual Impairment.

Eligibility: Services for veterans. Restricted to those discharged or released under conditions other than dishonorable

Fees: Varies depending on service needed

Hours of Operation:	Address:	Phone Number:
Monday- Friday	1111 East End Boulevard	(570) 824-3521
8:00 a.m 4:30 p.m.	Wilkes- Barre, PA 18711	Second Number:
Emergencies		1 (877) 928-2621
24 hours, 7 days a week		

Website http://www.wilkes-barre.va.gov/

VA VET CENTER

Middletown Vet Center

Services: Veterans may receive services from their closest VA Vet Center. Services include individual counseling, group counseling, marital and family counseling, bereavement counseling, medical referrals, assistance in applying for VA Benefits, employment counseling, guidance and referral, alcohol/drug assessments, information and referral to community resources, military sexual trauma counseling & referral, outreach and community education for veterans who were in combat and their families, too.

Eligibility: Services for veterans. Restricted to those discharged or released under conditions other than dishonorable

Fees: Varies depending on service needed

Hours of Operation:	Address:	
Monday- Friday	726 East Main Street	
8:00 a.m 4:30 p.m.	Suite 203	
	Middletown, NY 10940	

Phone Number: (845) 342-9917 Second Number: (877) 927-8387

Website http://www.va.gov/directory/guide/facility.asp?id=5654

Crisis Hotlines

911

Dial "911" on any phone for police, fire, and ambulance emergencies.

Phone Number: 911

Domestic Violence Hotline

The National Domestic Violence Hotline creates access by providing 24-hour support through advocacy, safety planning, resources and hope to everyone affected by domestic violence.

Phone Number: 1 (800) 932-4632

Mental Health Services/Suicide Hotline

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress.

Phone Number: 1 (800) 273-8255

Addiction Hotlines

Tobacco Quitline

Some of the state-level initiatives include a telephone quitline, efforts to counter tobacco marketing, surveillance of tobacco sales to minors, promotion of clinical-practice guidelines for assessment and treatment of tobacco addiction and program evaluation.

Phone Number: (877) 724-1090

Cocaine Hotline

You can expect a friendly, understanding, and supportive voice to answer you when you finally decide to call a hotline for cocaine addiction help, and will explain to you the types of cocaine addiction treatment available that will put you on the right track towards rehabilitation.

Phone Number: 1 (866) 777-0983

Sex and Love Addicts Anonymous Hotline (National)

Guidance that is offered to anonymous users in overcoming significant problems related to sexual addiction.

Phone Number: 1 (800) 977-4325

Gambling Hotline (National)

The network is a single national access point to local resources for those seeking help for a gambling problem. The network consists of 28 call centers which provide resources and referrals for all 50 states, Canada and the US Virgin Islands. Help is available 24/7 and is 100% confidential.

Phone Number: 1 (800) 522-4700

Other Hotlines

PA Prison Society

The organization promotes humane and restorative corrections by serving thousands of prisoners, exprisoners and their family members each year through direct services and programs. They provide re-entry services including employment search, parenting programs, and more.

Phone Number: (215) 564-6005

Website: http://philadelphia.pa.networkofcare.org/ps/index.aspx#

American Educational Services

American Education Services (AES) was established by the Pennsylvania Higher Education Assistance Agency (PHEAA) to guarantee and service a variety of Federal Family Education Loan Program (FFELP) and private (alternative) student loan products for our lending partners through out the nation. PHEAA conducts its student loan servicing activities nationally as AES and FedLoan Servicing.

Phone Number: 1 (800) 233-0557

Website: http://aessuccess.org/

Cancer Factline/Institute

Information specialists are available to help answer your cancer-related questions whether you are a patient, family member or friend, health care provider, or researcher.

Phone Number: 1 (800) 422-6237

Website: <u>http://www.cancer.gov/</u>

Sexually Transmitted Diseases

Provides information, materials and referrals concerning sexually transmitted infections. Specialists will answer questions via phone or e-mail on transmission, risk reduction, prevention, testing and treatment.

Phone Number: 1 (800) 227-8922

Long Term Care Helpline

Provides quick access to information about the many long term living services and planning resources available for people over the age of sixty and adults with physical disabilities throughout Pennsylvania.

Phone Number: 1 (866) 286-3636

Statewide Resources

STATE WIDE HOUSING RESOURCES

PA Housing Search

Search affordable and government funded housing throughout the state **Phone Number:** 1 (877) 428-8844 **Website:** www.pahousingsearch.com

STATE WIDE FOOD RESOURCES

Central PA Food Banks

Online search for local food banks in Central PA (serves 27 counties)
Phone Number: (717) 564-1700
Website: http://www.centralpafoodbank.org/PartnerAgencies/LocateFoodAssistance.aspx

Feeding America

Online search for local food banks
Phone Number: N/A
Website: http://feedingamerica.org/foodbank-results.aspx?state=PA

PA Food Pantries

Online search for local food pantries **Phone Number:** N/A **Website:** <u>http://www.foodpantries.org/st/pennsylvania</u>

PA Hunger Action Center

The Pennsylvania Hunger Action Center works to end hunger and increase opportunities for all Pennsylvanians

Phone Number: 1 (800) 634-2033

Website: www.pahunger.org

STATE WIDE LGBTQIA RESOURCES

(Lesbian, Gay, Bi-Sexual, Transgender, Questioning/Queer, Intersex/ Asexual/Ally)

Central PA- LGBT Center Website: <u>http://www.centralpalgbtcenter.org/</u>

Eastern PA- Pennsylvania Diversity Network Website: http://www.padiversity.org/

Western PA- The Gay and Lesbian Community Center (GLCC) Pittsburgh Website: http://www.glccpgh.org/

SPANISH RESOURCES (EN ESPAÑOL)

PA Housing Search en Español

Search affordable and government funded housing throughout the state en Español

Phone Number: 1 (877) 428-8844

Website: http://www.pahousingsearch.com/index.html.ESP

"Su Familia" National Hispanic Family Health Help Line

Offers Hispanic consumers free and reliable health information. They can refer callers to local health care providers and federally supported health programs.

Phone number: 1 (866) 783-2645

Website: http://www.hispanichealth.org/resource/help.aspx

Nacional Español AIDS Hotline

Phone Number: 1 (800) 344-7432

VICTIM ADVOCATE

Office of the Victim Advocate

The purpose of the Victim Advocate is to represent the rights and interests of crime victims before the Board of Probation and Parole and the Department of Corrections, The Office of the Victim Advocate also provides notification to crime victims of the potential for inmate release and opportunity to provide testimony, notification of the inmate's movement within the correctional system, referrals for crime victims to local programs, basic crisis intervention and support, general information on the status and location of the inmate as allowed by law, and notification of the expiration of an inmate's maximum sentence or date of execution, if applicable, as well as preparation of a victim who chooses to witness an execution.

Phone Number: (800) 322-4472

Website: www.ova.state.pa.us

PENNSYLVANIA 2-1-1



Do you need help finding community resources?

Call 2-1-1

This provides information on a broad range of services, including child care, after-school programs, food banks, elderly care, basic needs, health services, and much more.*

2-1-1 is a FREE service

Available Monday through Friday

7:00 a.m. to 6:30 p.m.



*NOTE: Not all counties have complete resource listings for 2-1-1. Please call for more information.

Other Resource Directories

Aunt Bertha Online national resource search engine

Website: https://www.auntbertha.com/

CSG Justice Center- the National Reentry Resource Center

Website: http://oldrm-nrrc.csgjusticecenter.org/

FairShake

Website: http://www.fairshake.net/

Homeless Shelter Directory

Website: http://www.homelessshelterdirectory.org/pennsylvania.html

Human Services

Website: http://www.helpinpa.state.pa.us/HelpInPA/agencysearch.aspx

Juvenile Law Center PA County Resource Guide

Website: http://www.jlc.org/resources/county-resource-guide

Salvation Army

Website: http://www.salvationarmyusa.org/usn/www_usn_2.nsf/vw-local/Programs

Veterans Resource Directory

Website:

http://www.dmva.state.pa.us/portal/server.pt/community/veterans_online_resource_directory/12971

Appendix

County	*MH/MR Administrator	E-Mail Addresses	Telephone number
	CJ Contacts		
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	Leigh Bergstresser	<u>s</u>	412-350-4293
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	*Don Clark	<u>.us</u>	412-350-7337
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		Don.Clark@AlleghenyCounty.us	
Armstrong/Indiana	*Tammy Calderone	tlcalder@aimhmr.net	724-548-3451
	<mark>Joe Bujdos</mark>	jbujdos@aimhmr.net	724-548-3451
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	Marilyn Huber	mkhuber@bcbh.org	724-847-6225
Bedford/Somerset	*Randy Hay	randyh@besmhmr.dst.pa.us	814-443-4891
	Tom Bender	brents@besmhmr.dst.pa.us	814-443-4891
	Brent Smith	tomb@besmhmr.dst.pa.us	814-443-4891
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	Mary Hennigh	mhennigh@countyofberks.com	610.236.0530
			610-478-3271
			x6589
Blair	*James Hudack	jhudack@blairco.info	814-693-3046
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			814-693-3046
			x1481
Bradford/Sullivan	*Ron Schell	schellr@mail.bradfordco.org	570-265-1760
	Joseph Vermilya	vermilyaj@mail.bradfordco.org	570-265-1760
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	Mahoney	cabamford@co.bucks.pa.us	215-442-0760
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	Forensic		
	Coordinator		
	Southeast Regional		
	Coordination Office	Regional.mh@verizon.net	610-313-0924
		dbeauchamp@pmhcc.org	610-313-5520
	Tory Bright		
	Daniel Beauchamp		
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	Scotece Charles		704 004 5000
	"Marty" Fleischer	cfleisch@co.butler.pa.us	724-284-5200
	Amy Peters (MH	APeters@co.butler.pa.us	724-284-5114
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	Greg Galinis	ggalinis@co.cambria.pa.us	

Cameron/Elk	Linda Thompson	Ithompson@cemhmr.com	814-772-8016 x141
	Judy Smith (MH Director)	jcsmith@cemhmr.com	814-772-8016 x136
Carbon/Monroe/	*Sheila Theodorou	stheodorou@cmpmhmr.cog.pa.us	570-420-1900
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	Coordinator		
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	Bill Mendat	bmendat@cljmhmr.com	814-265-1060 ext.
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Columbia/Montour/	*Philip T. Keating	pkeating@cmsu.org	570-275-5422
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	Director)	distefanoj@co.delaware.pa.us	610-713-2375
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	Forensic		(F) 610-713-2368 (F) 610-713-2378
			. ,
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1 01030 Walteri	Julie Hammond	hammondj@wc-hs.org	814-726-8430
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			(cell)
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	Terry Moloney	tmoloney@pa.gov	717-705-1600
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	Bouknight		
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Hopsital-			
Regional			
Forensic Psych.			
Center			
Norristown State	Halimah McKnight	hamcknight@pa.gov	610.313.5655
Hospital-			
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